

# Research highlights

**WAVE 23** 

This report monitors intentions and short-term plans for domestic and intra-European travel.

This report is the 23<sup>rd</sup> update since the series began in September 2020.

The findings are based on data collected in September 2025 from respondents in 10 key European markets.

It focuses on their travel plans between October 2025 and March 2026.

EUROPEAN TRAVEL COMMISSION



#### TRAVEL INTENTIONS

- Europeans' travel sentiment remains strong, with **73%** planning to travel this autumn and winter. Travellers aged **45–54 are the most eager to travel** (76%, +3%), while travel sentiment among Europeans aged 18–24 (60%) has significantly declined (–4%).
- Europeans' travel interest peaks in **October** (24%) and **December** (23%) 2025, mirroring last year's trend, with intra-European trips preferred by 64% of travellers (+3%).
- For 52% of travellers, **Southern Europe and the Mediterranean have risen as the preferred destinations** (+7%), while interest in Eastern Europe has slumped to 4% (-6%).
- Half of Europeans plan to visit major tourist destinations, while the rest seek less popular or off-the-beaten-path locations.
- Travel motivations are holding steady, with **leisure trips accounting for 71% of plans**, followed by visiting friends and relatives (16%) and business travel (7%).
- As autumn arrives, **City Breaks once again rank as Europeans' most preferred type of trip** (20%), while Sun & Beach holidays surge (19%, +5%), with travellers chasing the last rays of sun.

# Research highlights

**WAVE 23** 



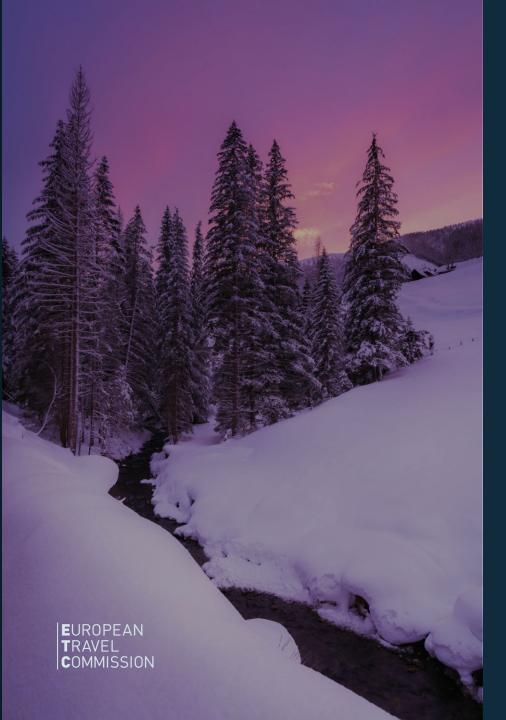
EUROPEAN
TRAVEL
COMMISSION

#### TRIP PLANNING

- More Europeans are planning a single trip for the coming autumn and winter (45%, +7%), while plans to take multiple trips have declined (50%, -6%).
- Trips of 4–6 nights remain the top choice for 43% of Europeans, whereas the share of travellers planning to spend over €1,500 has decreased (35%, -4%).
- Europeans' demand for **air travel has risen to 57%** (+4%), while train journeys remain stable at 13%.

#### TRAVEL CONCERNS AND CONSIDERATIONS

- Travellers' destination choice criteria remain steady, with safety (20%), pleasant weather (15%, +3%), and attractive deals (13%) topping the list. In contrast, rising travel costs (21%) and the personal financial situation (16%) are Europeans' leading concerns, followed by the Russia-Ukraine war (14%) and destination overcrowding (11%).
- Geopolitical tensions impact the travel choices of 89% of Europeans.
- Over three in four Europeans (76%) adapt their travel behaviour to the climate crisis, mainly by choosing destinations with **milder temperatures** (16%) and **checking the weather before booking** (16%).



## **Recommendations for destinations**

- The rise in travel intentions for Southern Europe and Mediterranean destinations this autumn and winter offers an opportunity to extend the season and ease summer pressure. Destinations should capitalise on this trend by promoting off-peak experiences, diversifying products beyond the summer offer, and engaging local communities to ensure benefits are shared year-round.
- Half of Europeans intend to visit quieter, less popular places. To spread tourism benefits more evenly, these locations should be **strategically promoted** for their genuine charm, friendly locals, smaller crowds, and better prices compared to top tourist spots.
- As demand for air travel soars, cutting flight emissions relies on promoting train travel. This can be done by improving regional links, connecting trains with flights, offering train-and-hotel deals, and providing incentives for visitors who travel by train.
- Geopolitical tensions influence the travel choices of 89% of Europeans, and incidents such as drone disruptions can undermine safety and confidence. To protect their image and reassure visitors, destinations should adopt proactive crisis communication with clear response plans, trained spokespeople, and unified messaging across airports, airlines, and tourism partners.



# Recommendations for businesses

- With family travel expected to peak in December, businesses, museums, and local attractions are encouraged to offer **family-friendly Christmas experiences and packages** including themed guided tours, festive arts and crafts workshops for children, and discounted family tickets.
- As Europeans continue to seek Sun & Beach trips in cooler months, **coastal businesses should promote off-season value**, mild weather, and the opportunity to enjoy less crowded beaches and ensure they have the capacity to meet a potential increase in off-season demand.
- With two in five Europeans opting for less-popular destinations, local businesses can develop **authentic**, **experience-based products** such as craftsmen tours, artisan workshops, or cooking classes featuring local flavours to attract visitors seeking genuine encounters.
- Considering the moderate trip length and restrained spending intentions for this autumn and winter, businesses should adopt pricing strategies and tailored packages that incentivise longer stays and higher expenditure, helping to maximise visitor value amid shorter travel plans.
- Many Europeans check the weather before booking trips as a key method of adapting to climate change. To support this, businesses should offer flexible booking, easy-to-use online systems that let customers change dates or rebook, and provide accurate real-time weather updates to keep travellers informed.



**WAVE 23** 

# Reading the data

#### Data collection periods

| Wave 23 | 6-26 September 2025 |
|---------|---------------------|
| Wave 22 | 27 May-10 June 2025 |
| Wave 21 | 3-17 March 2025     |
| Wave 20 | 7-23 September 2024 |
| Wave 19 | 25 May -7 June 2024 |

#### Travel timings for Wave 23

In the context of this report, the travel periods are as follow:

| In 1-2 months: | October-November 2025      |
|----------------|----------------------------|
| In 3-4 months: | December 2025-January 2026 |
| In 5-6 months: | February-March 2026        |

#### Analysed samples

- Total respondents: 5,963
- Respondents most likely to travel in the next six months: 4,332
- Respondents planning to travel internationally within Europe (not necessarily in the next six months): 4,646

#### Significant changes

Changes are considered significant with a 2.5% threshold and marked with these symbols:

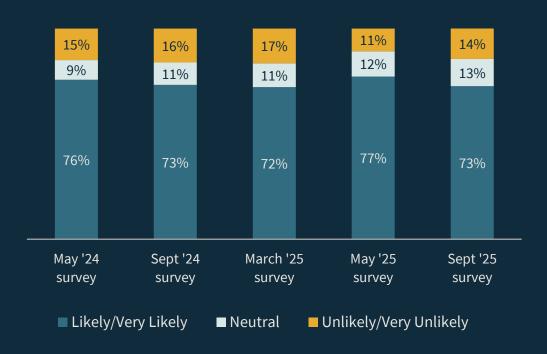


All data and insights refer to domestic and intra-European travel unless otherwise stated.



# Europeans' travel intentions remain strong, with 73% planning to travel this autumn and winter

#### Intention to travel in the next six months

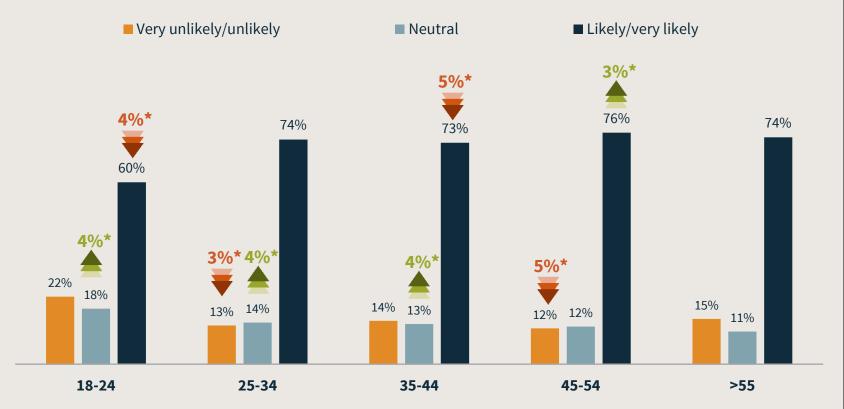


Top three markets most likely to travel in the next six months **POLAND** UK 80% \* Statistically significant difference vs a year ago (October 2024) No. of respondents: 5,963

Q5. Do you plan to take an overnight trip domestically or within Europe in the next six months, either for personal or professional purposes?

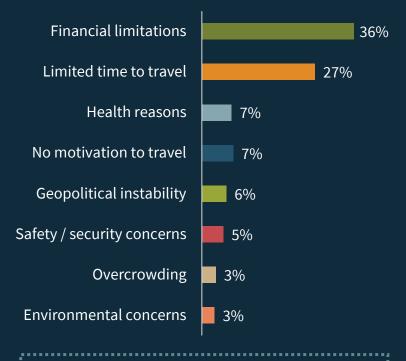
# Travel intentions rise among 45–54-yearolds (+3%) but decline among travellers aged 18–24 (–4%)

Intention to travel in the next six months by age group



No. of respondents: 5,963

#### Key barriers to travel



Limited time is the main barrier for 37% of Europeans aged 18–24 who are not planning to travel, compared to just 16% of those over 54.

No. of respondents: 864

Q6. You mentioned that you will not travel in the next 6 months. What is the main reason behind this decision?

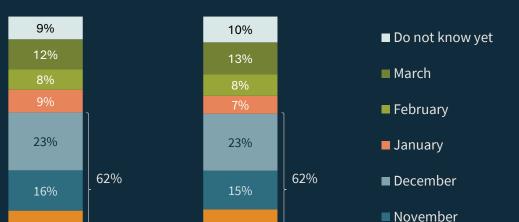
<sup>\*</sup> Statistically significant difference vs a year ago (October 2024)
Q5. Do you plan to take an overnight trip domestically or within Europe in the next six months, either for personal or professional purposes?

# Europeans' travel interest peaks in October and December, mirroring last year's trend

October



Travel month



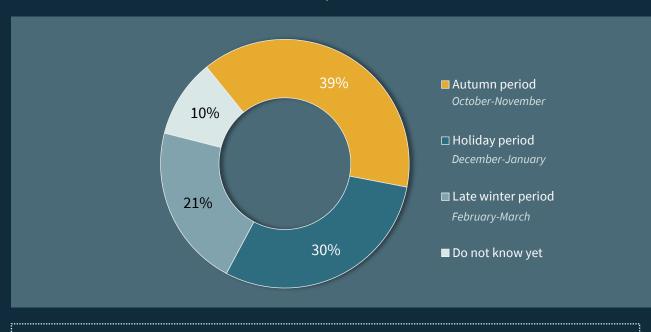
24%

Sept '25

survey

#### When will Europeans travel next?

#### Travel period





Family travel peaks around Christmas, accounting for 42% of all December trips compared to 34% in other months.

Q9. When are you most likely to go on your next trip either in your country or within Europe?

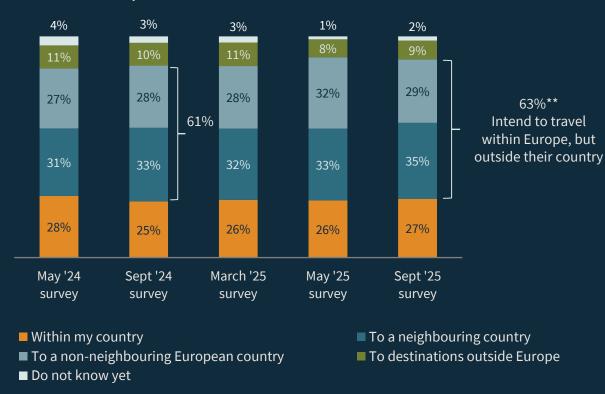
\* Statistically significant difference vs a year ago (October 2024)

Sept '24

survey

# 63% of travellers are planning an intra-European trip, up 3% from last year

#### Where will Europeans travel within the next six months?



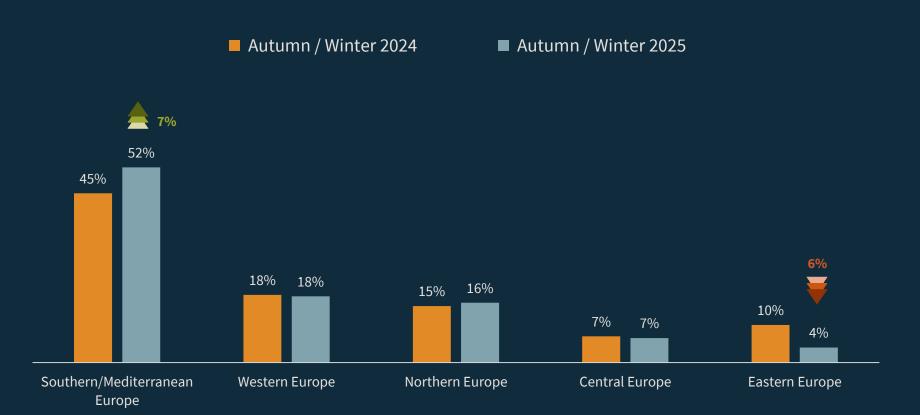
Q10. Where do you plan to travel in the next six months?

\*\*Minor discrepancies in totals are the result of rounding



<sup>\*</sup> Statistically significant difference vs a year ago (October 2024)

# European travellers increasingly favour Southern Europe and Mediterranean destinations in the coming months (+7%)



#### **NOTE:**

Due to a broader regional scope, the figures for summer 2024 in this report may differ slightly from those published in <u>last year's edition</u>.

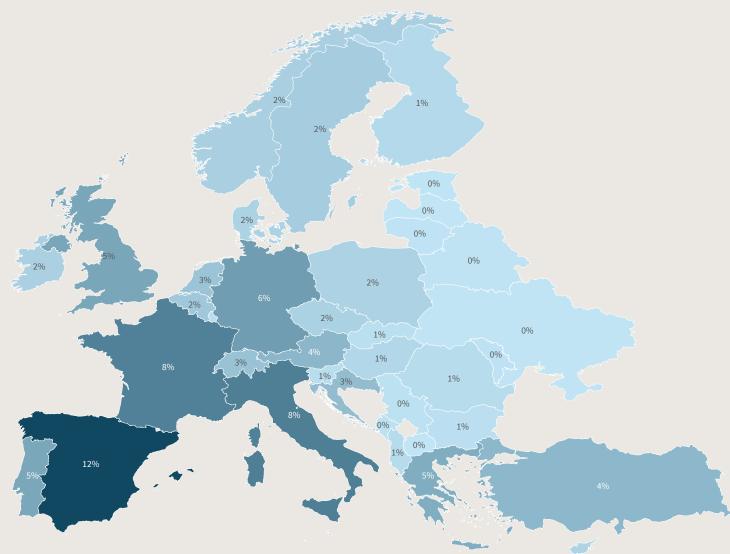
In 2024, additional countries (Albania, Bosnia-Herzegovina, North Macedonia, Belarus, and Moldova) were included under regional groupings, making the data non-comparable with previous editions. As a result, data for summer 2022 and 2023 are excluded from this analysis.

Statistically significant difference vs the previous year Definitions of the regions can be seen in the Methodology Q12. To which country(ies) do you plan to travel next? Preferred countries for the next intra-European trip

Horizon October '25 - March '26

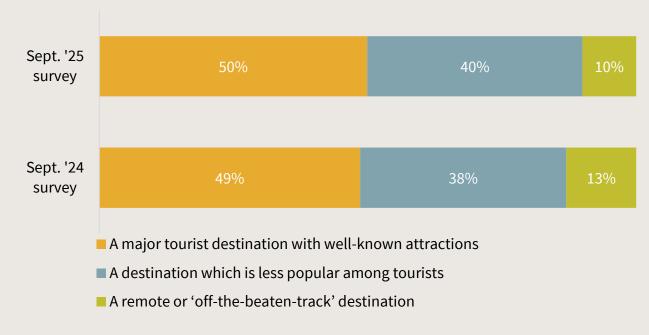
#### **TOP 10 COUNTRIES**

| Spain    | 12% 📥 5% |
|----------|----------|
| Italy    | 8%       |
| France   | 8%       |
| Germany  | 6%       |
| UK       | 5%       |
| Portugal | 5%       |
| Greece   | 5%       |
| Austria  | 4%       |
| Türkiye  | 4%       |
| Croatia  | 3%       |



# Half of Europeans plan to visit major tourist destinations, while the rest seek less popular or off-the-beaten-track locations

Type of destination for the coming trip



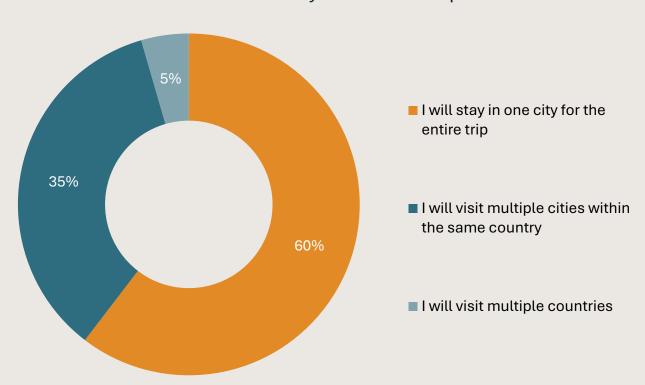
Q13. Thinking of the next country you intend to visit, in what type of destination, within it, do you plan to spend most of your time?

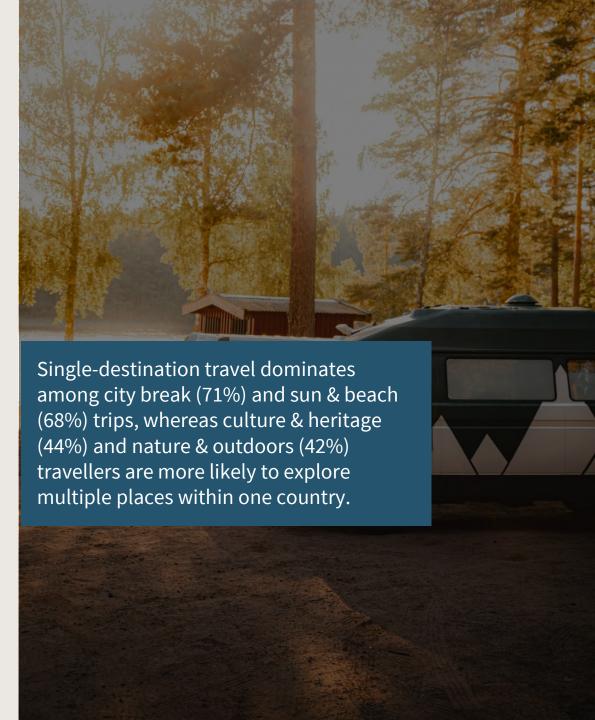


<sup>\*</sup> Statistically significant difference vs a year ago (October 2024)

# Three in five Europeans plan to stay in a single destination for their entire trip

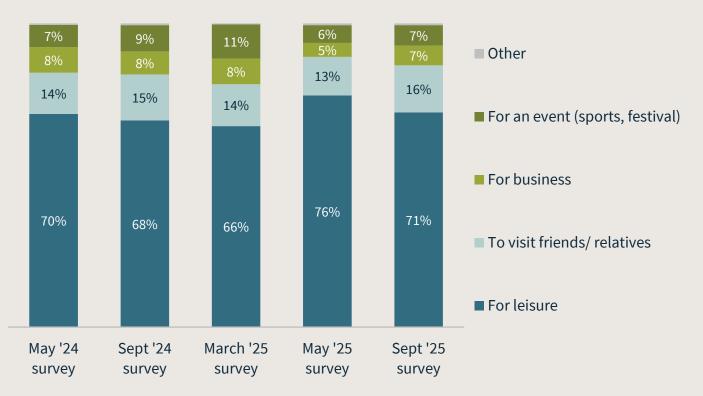
#### Planned itinerary for the next trip





# Travel motivations hold steady, with leisure trips accounting for 71% of visits

#### Purpose of travel



Top three markets to Top three markets to take a leisure trip take a business trip **Netherlands** Italy Italy Spain France UK **76%** Results for business trip per country are indicative due to small sample bases

Q8. For what reason are you most likely to travel within Europe next?

<sup>\*</sup> Statistically significant difference vs a year ago (October 2024)

# City Breaks lead autumn travel, followed by Sun & Beach trips (+5%) as Europeans seek the last rays of sunshine

Preferred type of leisure trip in the next six months



**NOTE:** Please note that, due to changes in coastal travel classifications in the 2025 survey questionnaire, the value for "Sun & Beach" is not directly comparable with the values reported in <u>previous editions</u> of this research.

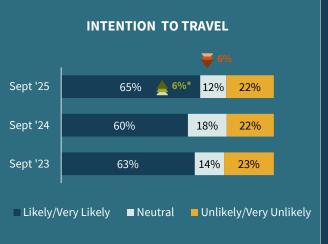
Q16. What type of leisure trip within Europe are you most likely to undertake next?



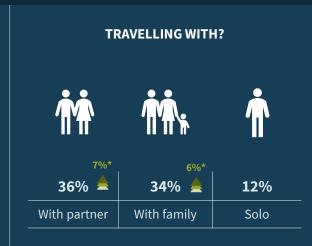
<sup>\*</sup> Statistically significant difference vs a year ago (October 2024)

# Austrians' travel plans

#### **Travel horizon: October 2025-March 2026**









#### **TOP SPENDING PRIORITIES**



#### INTENDED LENGTH OF STAY AND BUDGET



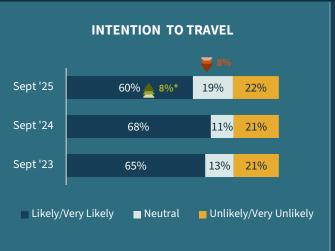


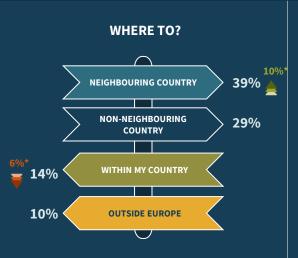
|         | PLAN TO VISIT |  |
|---------|---------------|--|
| Germany | 13% 4%*       |  |
| Italy   | 10%           |  |
| Croatia | 8%            |  |
| Spain   | 6%            |  |
| Greece  | 5%            |  |

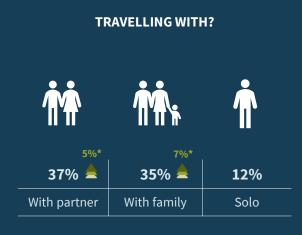
<sup>\*\*</sup> Based on total sample, without reference to domestic trips

# Belgians' travel plans

#### **Travel horizon: October 2025-March 2026**









#### **TOP SPENDING PRIORITIES**





INTENDED LENGTH OF STAY AND BUDGET



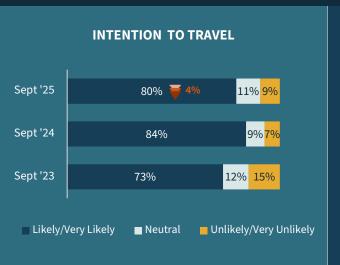


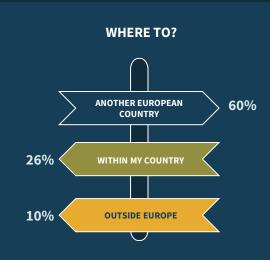
|             | PLAN TO VISIT       |  |  |
|-------------|---------------------|--|--|
| France      | 17% <del>5</del> ** |  |  |
| Spain       | 16%                 |  |  |
| Italy       | 7%                  |  |  |
| Netherlands | 5%                  |  |  |
| Germany     | 5%                  |  |  |
| Germany     | 5%                  |  |  |

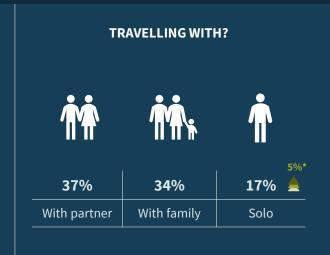
 $<sup>\</sup>ensuremath{^{**}}$  Based on total sample, without reference to domestic trips

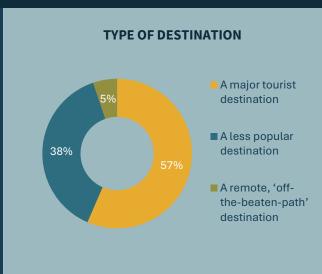
## Britons' travel plans

#### **Travel horizon: October 2025-March 2026**



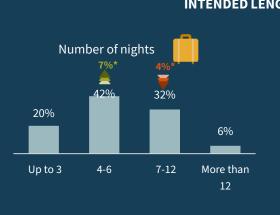






### TOP SPENDING PRIORITIES





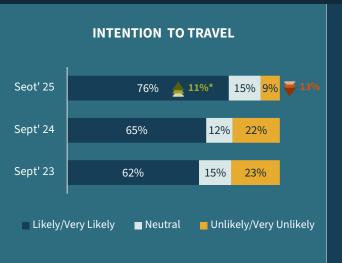


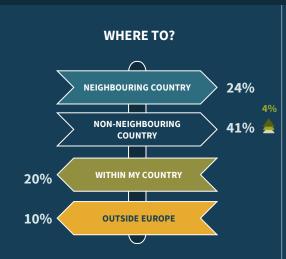
| PLAN TO VISIT |
|---------------|
| 17%           |
| 10%           |
| 8%            |
| 5%            |
| 5%            |
|               |

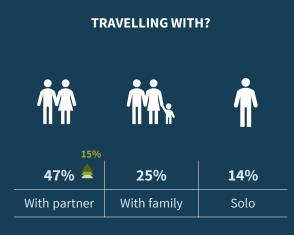
 $<sup>^{\</sup>star\star}$  Based on total sample, without reference to domestic trips

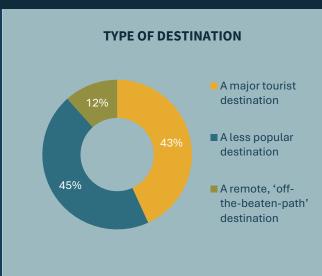
# Dutch travel plans

#### **Travel horizon: October 2025-March 2026**



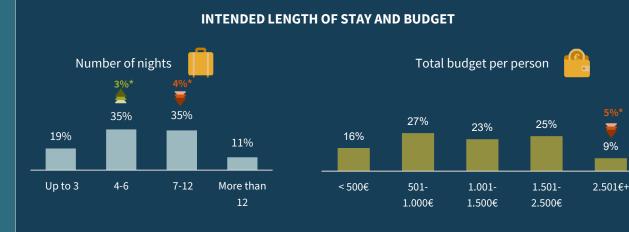






#### **TOP SPENDING PRIORITIES**



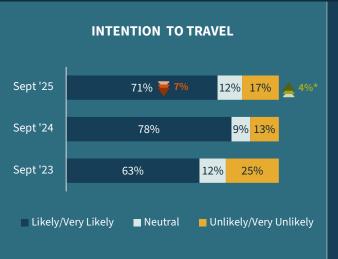


|         | PLAN TO VISIT |  |  |
|---------|---------------|--|--|
| Spain   | 17%           |  |  |
| Germany | 13%           |  |  |
| France  | 9%            |  |  |
| Belgium | 7%            |  |  |
| Italy   | 6%            |  |  |

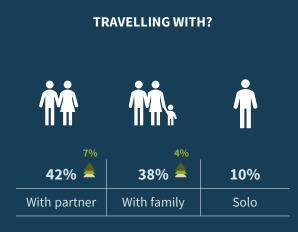
<sup>\*\*</sup> Based on total sample, without reference to domestic trips

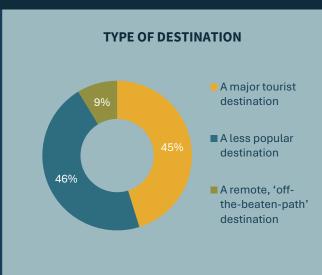
## French travel plans

#### **Travel horizon: October 2025-March 2026**



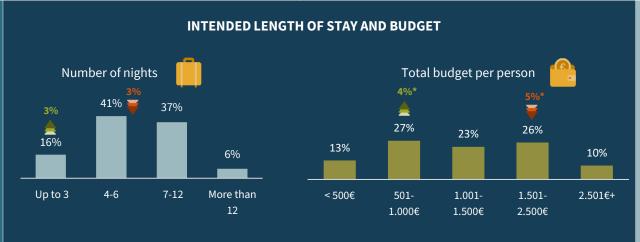






**TOP EUROPEAN DESTINATIONS\*\*** 



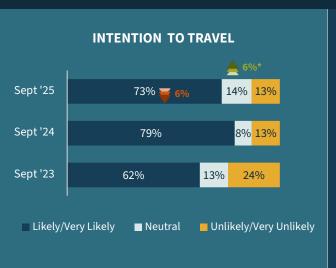


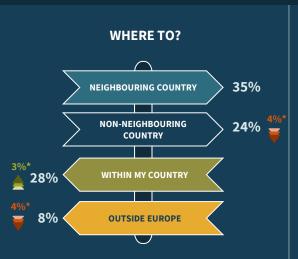
# PLAN TO VISIT Spain 13% Italy Portugal Greece 7% UK 7%

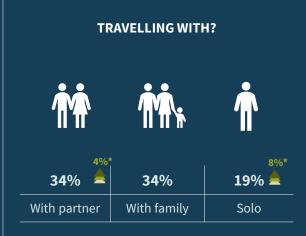
 $<sup>\</sup>ensuremath{^{**}}$  Based on total sample, without reference to domestic trips

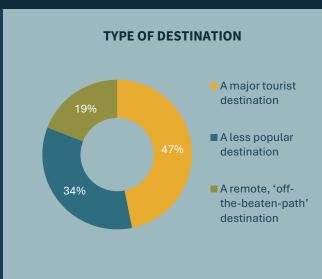
## Germans' travel plans

#### **Travel horizon: October 2025-March 2026**





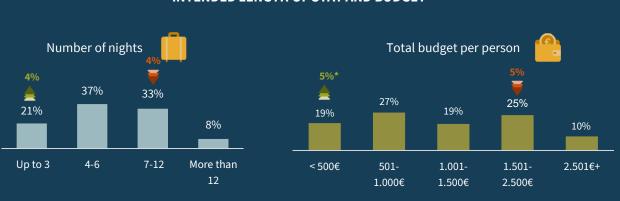




#### **TOP SPENDING PRIORITIES**





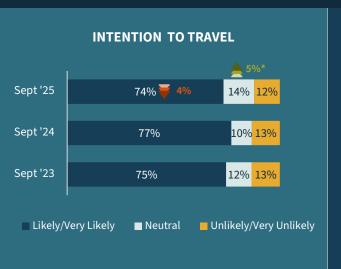


|         | PLAN TO VISIT |  |  |
|---------|---------------|--|--|
| Spain   | 12%           |  |  |
| Austria | 10%           |  |  |
| Italy   | 8%            |  |  |
| Türkiye | 7%            |  |  |
| France  | 7%            |  |  |
|         |               |  |  |

<sup>\*\*</sup> Based on total sample, without reference to domestic trips

# Italians' travel plans

#### **Travel horizon: October 2025-March 2026**









#### **TOP SPENDING PRIORITIES**





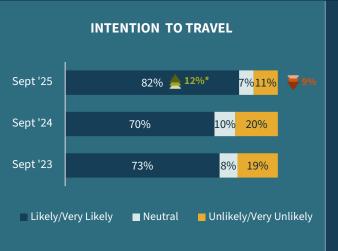


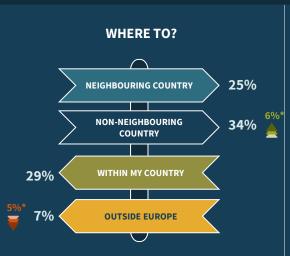
|         | PLAN TO VISIT |  |  |
|---------|---------------|--|--|
| Spain   | 14%           |  |  |
| France  | 11%           |  |  |
| UK      | 10%           |  |  |
| Austria | 5%            |  |  |
| Germany | 5%            |  |  |

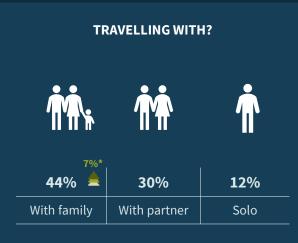
<sup>\*\*</sup> Based on total sample, without reference to domestic trips

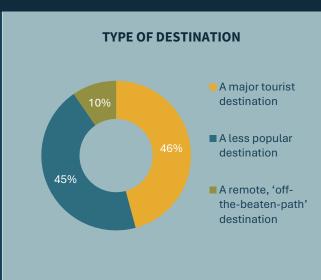
## Poles' travel plans

#### **Travel horizon: October 2025-March 2026**











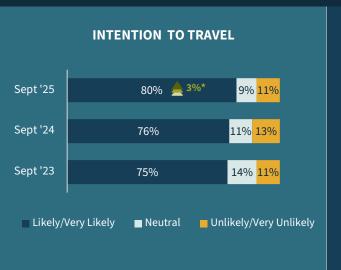


# PLAN TO VISIT Spain 11% 5%\* 110% Germany 6% Greece 6% Portugal 5%

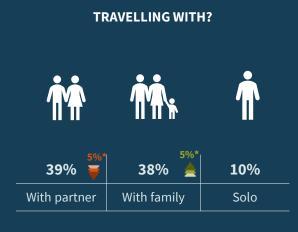
<sup>\*\*</sup> Based on total sample, without reference to domestic trips

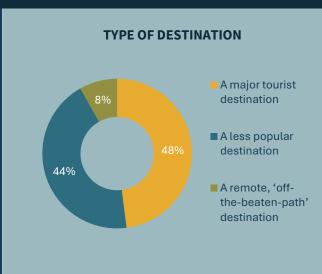
## Spaniards' travel plans

#### **Travel horizon: October 2025-March 2026**





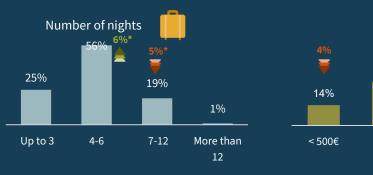




#### **TOP SPENDING PRIORITIES**









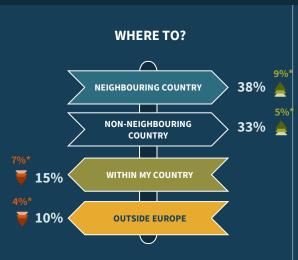
|          | PLAN TO VISIT |
|----------|---------------|
| France   | 14%           |
| Italy    | 11%           |
| Portugal | 9%            |
| UK       | 8%            |
| Germany  | 6%            |

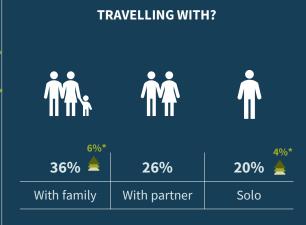
<sup>\*\*</sup> Based on total sample, without reference to domestic trips

## **Swiss travel plans**

#### **Travel horizon: October 2025-March 2026**



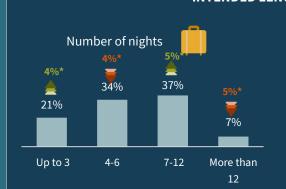






#### **TOP SPENDING PRIORITIES**







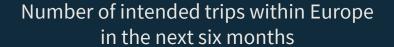
|          | PLAN TO VISIT |  |  |
|----------|---------------|--|--|
| Italy    | 12%           |  |  |
| Spain    | 10%           |  |  |
| Germany  | 9%            |  |  |
| France   | 8%            |  |  |
| Portugal | 6%            |  |  |

<sup>\*\*</sup> Based on total sample, without reference to domestic trips





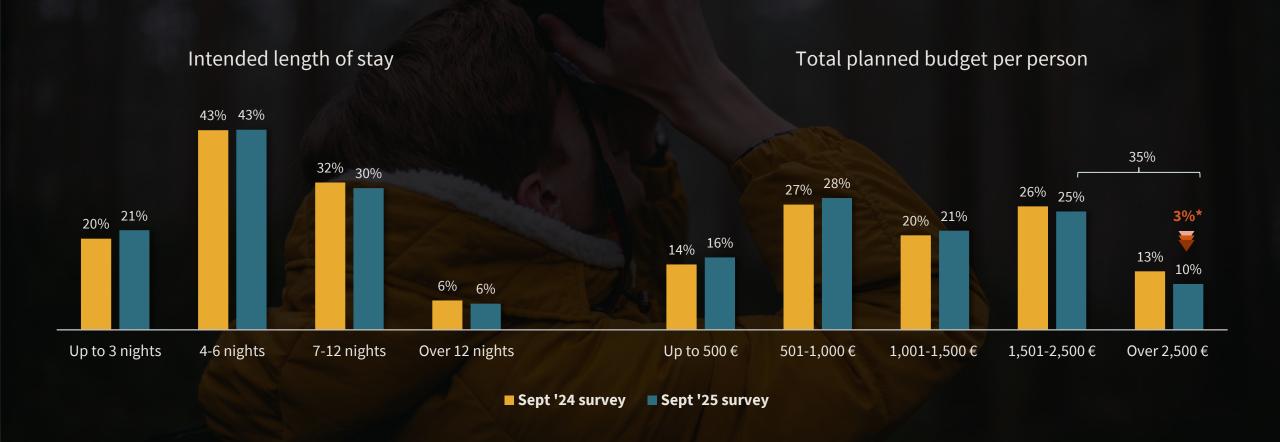
# Fewer trips: More Europeans (+7%) plan less frequent travel this autumn and winter





# European travellers are maintaining their travel habits, but their budgets are somewhat tighter

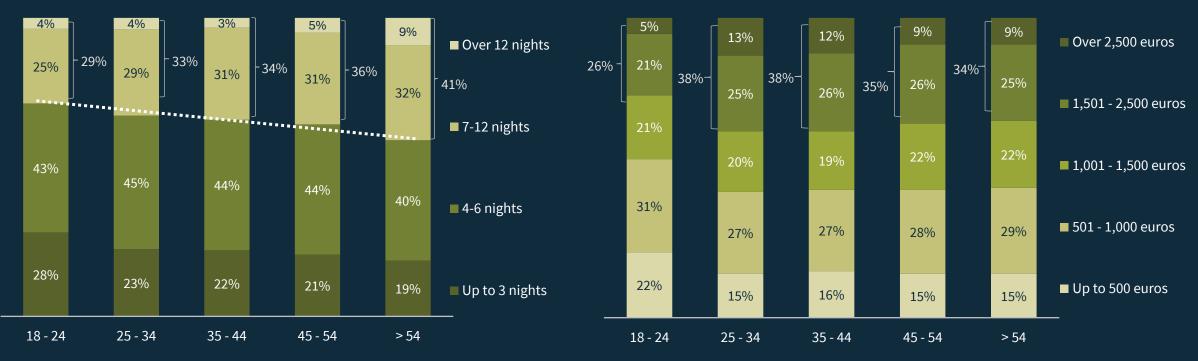
Trips of 4–6 nights remain Europeans' top choice, while spending over €1,500 slightly declines (–4%)



# Trip length increases with age, while travellers aged 25–44 are most likely to spend over €1,500

Intended length of stay by age group (nights)

#### Projected budget by age group (euros)



The budget is per person per trip, including accommodation, transportation and travel activities

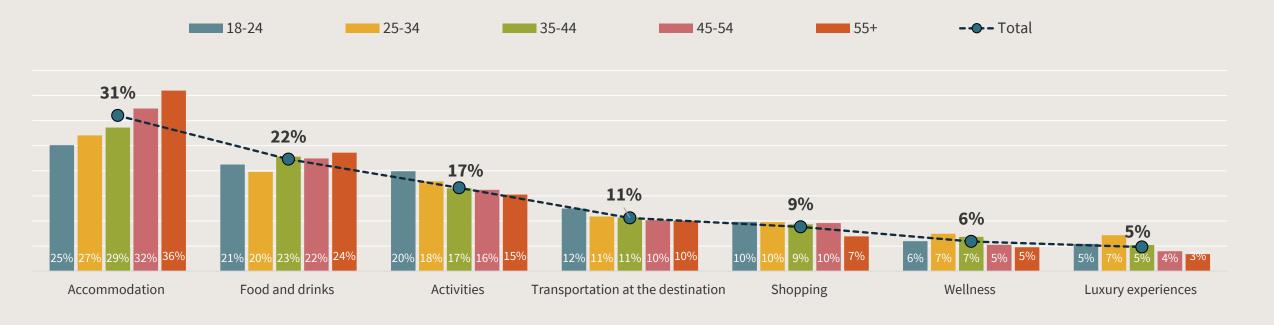
## How do Europeans shape their travel plans per region?

Analysis of type of preferred holidays, length of stay and budget within each destination region

|                                       | Southern /<br>Mediterranean Europe                          | Western<br>Europe  | Northern<br>Europe  | Central<br>Europe  | Eastern<br>Europe   |
|---------------------------------------|---|--|---|--|---|
| TOP-3 TYPES OF<br>PREFERRED<br>TRIPS  | 28% Sun & Beach<br>17% Culture & Heritage<br>16% City Break | <b>21%</b> City Break<br><b>18%</b> Culture & Heritage<br><b>15%</b> Nature & Outdoors | 23% Culture & Heritage 21% City Break 17% Nature & Outdoors | <b>27%</b> City Break<br><b>20%</b> Culture & Heritage<br><b>12%</b> Wellness & Relaxation | 20% City Break 20% Culture & Heritage 13% Wellness & Relaxation |
| MOST COMMON<br>LENGTH OF<br>STAY      | <b>41%</b> 4-6 nights <b>28%</b> 7-9 nights                 | <b>42%</b> 4-6 nights <b>24%</b> up to 3 nights  | <b>46%</b> 4-6 nights <b>25%</b> 7-9 nights                 | <b>41%</b> 4-6 nights <b>29%</b> up to 3 nights  | <b>39%</b> 4-6 nights <b>33%</b> 7-9nights                      |
| MOST COMMON<br>BUDGET<br>(per person) | <b>28%</b> 1501- 2500 € <b>26%</b> 500-1000 €               | <b>29%</b> 1501- 2500 € <b>24%</b> 500-1000 €  | <b>27%</b> 1501- 2500 € <b>26%</b> 500-1000 €               | <b>30%</b> 500-1000 € <b>24%</b> 1001-1500 €   | <b>30%</b> 1501-2500 € <b>25%</b> 500-1000 €                    |

## On which category will travellers spend the most?

Spending on accommodation rises with age, while spending on activities declines



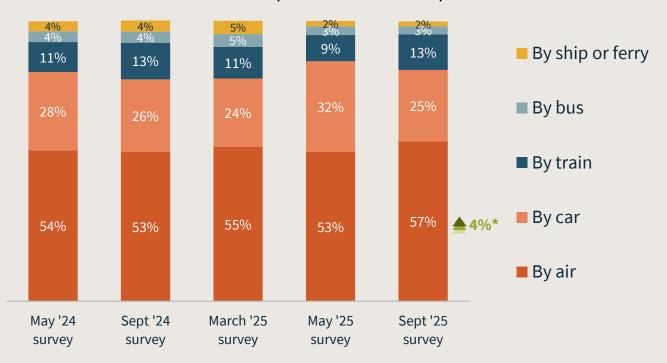


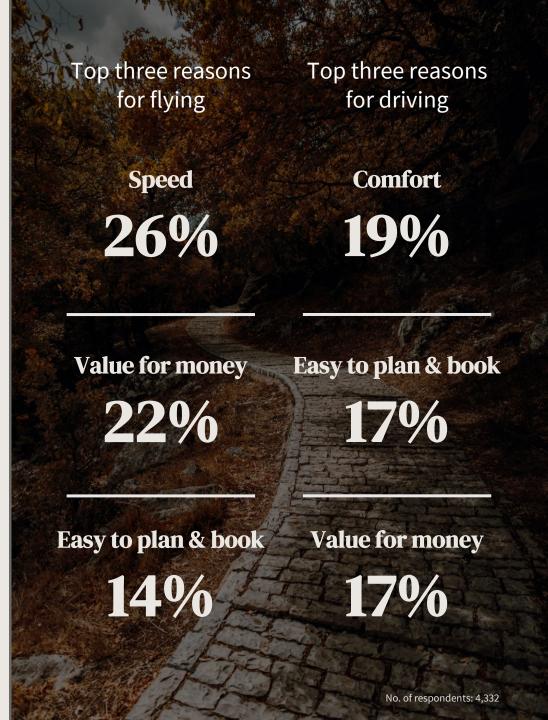
#### **Different budgets, similar priorities:**

accommodation, food & drinks, and activities remain the top spending categories across all budget levels.

# High demand for air travel across Europe (+4%), with train journeys holding at 13%

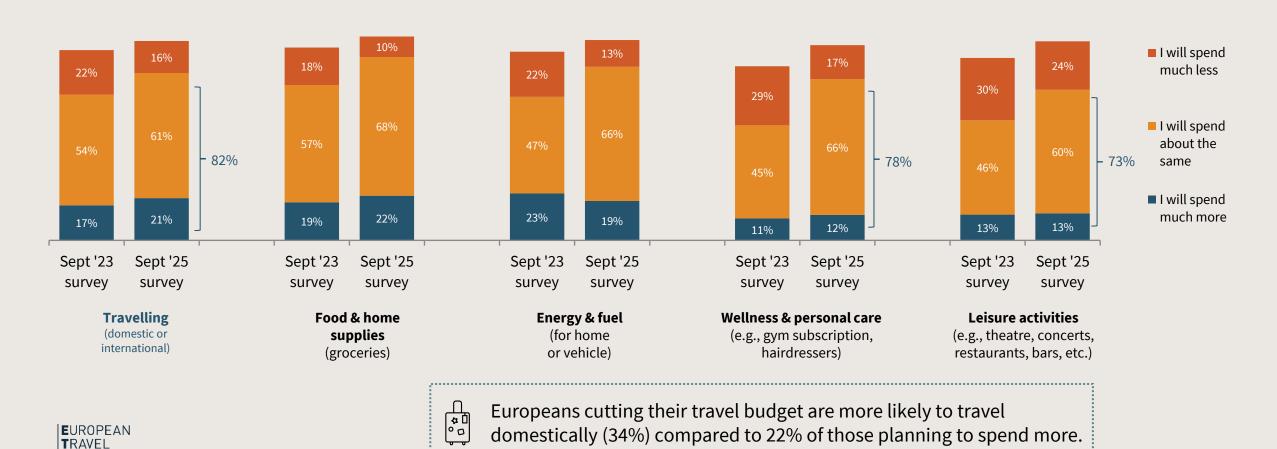
#### Preferred modes of transport for intra-European travel







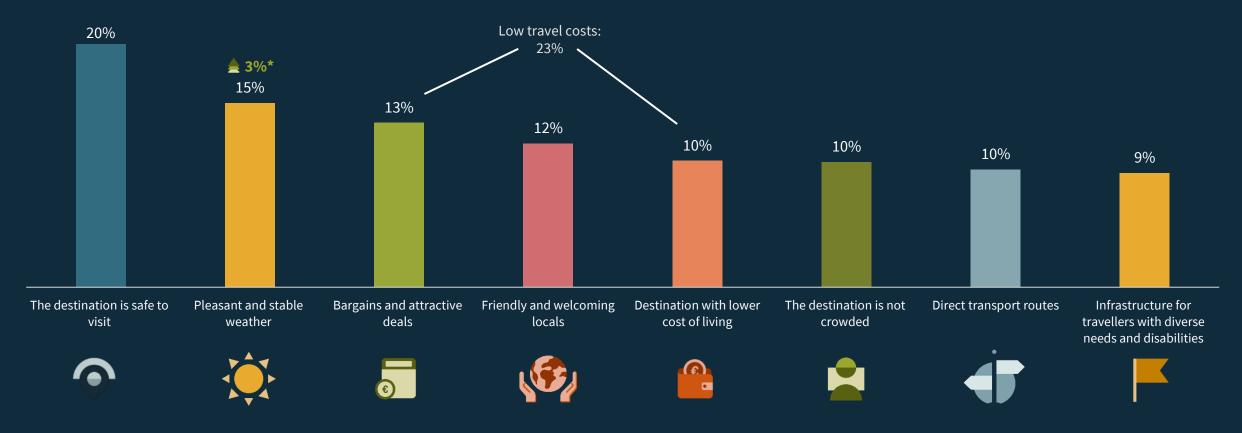
# Travel remains a key priority, with 82% of Europeans maintaining or increasing their travel budget – well above their spending on leisure or wellness activities



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# Safety and value remain top priorities for European travellers, together with a rise in destinations with favourable weather (+3%)

Europeans' top criteria in choosing a travel destination



<sup>\*</sup> Statistically significant difference vs a year ago (October 2024)

## What do European travellers worry about?

Finance-related issues remain Europeans' leading travel concern, followed by geopolitical tensions and overcrowded destinations



want to visit

Young travellers (18–24) show greater concern than those over 54 about both environmental impact (16% vs. 10%) and strict booking policies (14% vs. 7%).

under-staffing

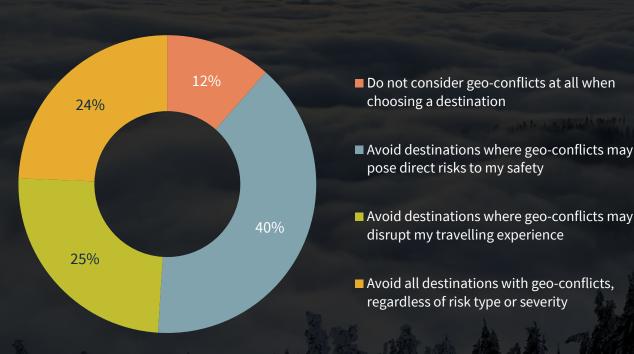


finances

# The impact of geopolitical conflicts on travel decisions

Geopolitical tensions influence travel choices for 89% of Europeans – mainly by avoiding unsafe destinations

Impact of geopolitical tensions on destination choice



EUROPEAN Travel

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Top three markets that only avoid direct safety risks

Top three markets that avoid any disruption to their travel experience

Poland **48%** 

Switzerland 28%

UK 44%

Germany 28%

Switzerland 40

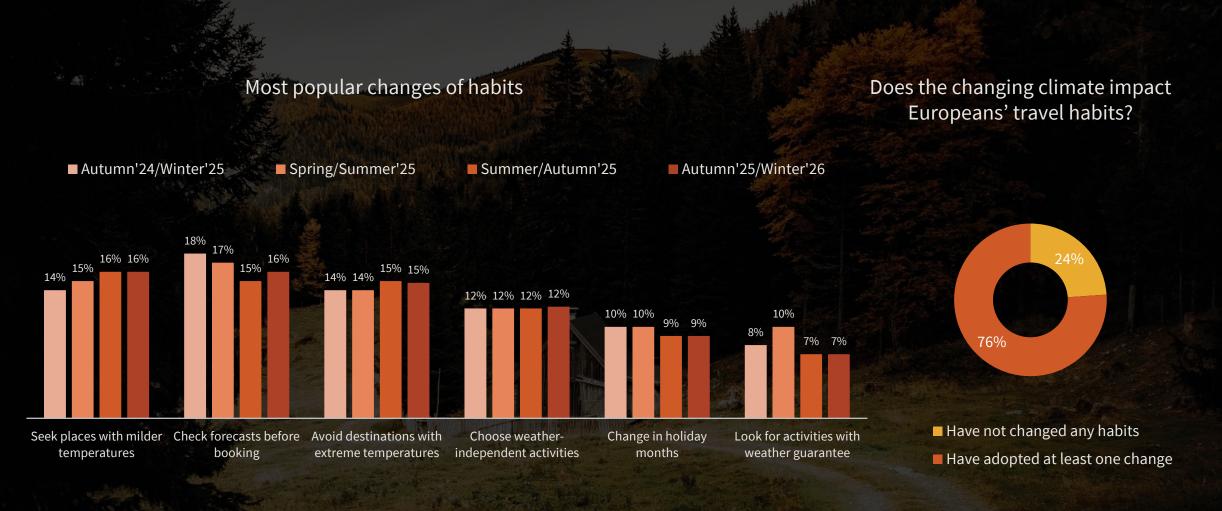
Italy 27%

No. of respondents: 5,963

Q23. To what extent do geopolitical conflicts, such as diplomatic tensions, trade disputes, immigration barriers, or travel restrictions between countries (excluding war), influence your travel decisions?

# Travel in the era of climate change

More than three in four Europeans adapt their travel plans because of the climate crisis, mainly by picking places with milder weather and checking the forecast before booking





# Methodology

- The report is the result of online market research of Europeans who took at least two overnight trips during the last three years (2023-2024/25)
- Distribution/data collection period:
  - Wave 19: 25 May-7 June 2024; sample = 5,955 / Wave 20: 07-23 September 2024, sample = 6,001 / Wave 21: 3-17 March 2025; sample = 5,974 / Wave 22: 27 May-10 June 2025, sample = 6,001 / Wave 23: 06-26 September 2025, sample = 5,963
  - o Countries: Germany, United Kingdom, France, Netherlands, Italy, Belgium, Switzerland, Spain, Poland and Austria
  - o **Languages**: English, French, German, Italian, Spanish, Polish and Dutch
- Research themes examined: travel concerns and impact of external shocks on travel (nine questions), and travel intentions, preferences and trip planning (14 questions)
- 50% of the Wave 23 survey respondents are male, and 50% are female. Sample size and age groups are listed below:

| Age     | Country |     |     |     |     |     |     |     |     |     | Total |
|---------|---------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-------|
|         | UK      | IT  | ES  | AT  | FR  | DE  | PL  | BE  | СН  | NL  | Total |
| 18 - 24 | 88      | 70  | 44  | 76  | 34  | 91  | 56  | 58  | 81  | 39  | 637   |
| 25 - 34 | 136     | 112 | 73  | 112 | 78  | 152 | 106 | 79  | 87  | 90  | 1,025 |
| 35 - 44 | 126     | 134 | 103 | 125 | 152 | 151 | 120 | 114 | 121 | 93  | 1,239 |
| 45 - 54 | 138     | 168 | 105 | 76  | 186 | 168 | 92  | 108 | 89  | 103 | 1,233 |
| ≥55     | 262     | 266 | 175 | 111 | 300 | 188 | 126 | 141 | 85  | 175 | 1,829 |
| Total   | 750     | 750 | 500 | 500 | 750 | 750 | 500 | 500 | 463 | 500 | 5,963 |

- European regions (2024 onwards)\*:
  - Southern/Mediterranean Europe: France, Croatia, Cyprus, Greece, Italy, Malta, Monaco, Montenegro, Portugal, San -Marino, Slovenia, Spain, Türkiye, Albania, Bosnia-Herzegovina, North Macedonia
  - Western Europe: Austria, Belgium, Germany, Luxembourg, Netherlands, Switzerland
  - Northern Europe: Denmark, Finland, Iceland, Ireland, Norway, Sweden, UK
  - Central Europe: Czech Republic, Hungary, Poland, Slovakia
  - Eastern Europe: Bulgaria, Estonia, Latvia, Lithuania, Romania, Serbia, Ukraine, Belarus, Moldova

<sup>\*</sup> NOTE: Until summer 2023, the list of destinations did not include Albania, Bosnia-Herzegovina, North Macedonia, Belarus and Moldova

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#### Study on Monitoring Sentiment for Intra-European Travel

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Data sources: This report is based on research conducted by MINDHAUS (www.mindhaus.gr) and should be interpreted by users according to their needs.

#### MINDHAUS

Please note that while every possible effort has been made to ensure the data in this report is accurate, it is not possible to eliminate every margin of error.

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